

Pawsitive Care:

Experience the Joy of Kitten Therapy

We understand the importance of providing holistic care that nurtures not just the body, but also the spirit.

That's why we're excited to introduce this unique and heartwarming service designed to bring joy and comfort to aged-care residents, hospital patients, childcare facilities and more.

Kitten therapy can improve various aspects of people's well-being, including emotional, social, physical, and cognitive health.



Pricing starts from only \$88 per session in the Illawarra region. The fee provides food and veterinary care to the kittens. Bookings are essential.

Here are just a few of the benefits of Kitten Therapy:

- **Emotional Well-being:** Interacting with kittens can evoke positive emotions, reduce feelings of loneliness, and provide companionship, enhancing their overall emotional well-being.
- **Stress Reduction:** Spending time with kittens has been shown to lower stress levels and decrease anxiety, promoting relaxation and a sense of calm.
- **Physical Activity:** Engaging with kittens often involves activities such as petting, playing, and grooming, which can encourage physical movement, contributing to their overall health and mobility.
- **Social Engagement:** Kittens can serve as conversation starters and icebreakers, facilitating social interactions and fostering a sense of community within the facility.
- **Mental Stimulation:** Pet therapy can greatly reduce feelings of loneliness, depression, anxiety, and confusion in individuals with dementia. Regular animal visits offer comfort and companionship, easing anger, frustration, and helplessness often associated with the condition. Animals can trigger memories, encourage conversation, and bring joy, enhancing emotional well-being and quality of life for both individuals and caregivers.

Discover the power of kitten therapy and bring joy, comfort, and companionship to your facility. Contact us to schedule a session or to learn more about our service.

Nicole Harrison, Vice President and Secretary
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